



SAVOR

Starters choice of 2:



Vegetable soup 50cal  

Soup of the day

Garden Salad 15cal  

Caesar Salad 470cal

Bruschetta 30cal

Shrimp Cocktail 110cal  

Southwest Eggrolls 490cal

(Choice of sour cream and or salsa)

Vegetable Eggrolls 140cal 

Burgers \$10.00

Served with French fries, sweet potato fries, or chips

Substitute a Garden Burger for beef.

All-American burger. American cheese, lettuce and tomato 360cal

Mushroom Swiss burger, Swiss cheese, lettuce and tomato 280cal

Blue cheese burger, balsamic onions, blue cheese, lettuce and tomato 390cal

Chili cheeseburger, house-made chili, and cheddar cheese 590cal



Vegan



Vegetarian



Gluten Free



Heart Healthy



Chicken Sandwich \$10.00

Served with French fries, sweet potato fries, or chips

Grilled chicken, spinach, bacon and ranch dressing 640cal

Maui chicken, Polynesian sauce, grilled pineapple, lettuce and tomato 190cal

Fried chicken cordon bleu, ham, Swiss cheese,
Dijon mustard sauce 570cal

Caprese chicken, tomatoes, mozzarella, and basil pesto 650cal

Cajun chicken & pepper jack grilled sandwich, red peppers, lettuce and a chipotle mayonnaise 510cal

Handhelds \$10.00

Served with French fries, sweet potato fries, or chips

Four cheese grilled sandwich, American, pepper jack, cheddar and Swiss cheese 540cal

Turkey Waldorf flour tortilla, turkey, apples, walnuts, raisins and lettuce 110cal

Savor club sandwich, bacon, lettuce, tomato, turkey Swiss, cheddar cheese topped with a herb mayonnaise 540cal

Grilled ham and Swiss 320cal

Deviled egg BLT sandwich 550cal



Vegan



Vegetarian



Gluten Free


SAVOR

Entrée salads \$10.00


Add chicken, shrimp or salmon \$2.00 more

Asian spinach salad, oranges, peppers, mushrooms, wasabi peas, ginger dressing

340cal 

Traditional chef salad, romaine, turkey, ham, hardboiled egg, tomatoes,
cucumbers and cheddar jack cheese 340cal 

Caesar salad, romaine, parmesan cheese, croutons
and house dressing 470cal

Greek salad, baby greens, pepperoncini, tomatoes, cucumber, olives, feta cheese
and a herb vinaigrette dressing 150cal 

Pasta \$12.00

Fettuccini, alfredo sauce and parmesan 490cal (add chicken or shrimp)

Baked Cod with marinara sauce, penne pasta, olives, peppers and onions 505cal

Chicken parmesan fried then topped with marinara, provolone and parmesan over
spaghetti 360cal

Braised beef with mushrooms, Marsala sauce and cream with penne 165cal

Spaghetti with meat sauce 380cal



Vegan



Vegetarian



Gluten Free



Heart Healthy




Poultry \$12.00

Choice of Breast or Thighs


Chicken picatta, floured and sautéed, wild rice, garlic spinach and lemon caper butter sauce 340cal


Chicken Marsala, mushroom Marsala cream sauce mashed potatoes, and broccoli 250cal

Bourbon glazed chicken, sweet potato mash and garlic green beans 280cal 

Asian style chicken served over vegetable lo-mein 320cal

Beef selection \$12.00

Filet Mignon 6oz (upcharge \$10.99), baked potato, green beans and a béarnaise sauce 320cal 

Beef pot roast, potatoes, carrots, celery and onions 140cal 

Beef tips, onions & peppers, mashed potatoes 380cal

Pepper steak with vegetable lo-mein 280cal

6oz chopped steak, Babylon farms herb sauce, fried onions, mashed potatoes and broccoli 350cal



Vegan



Vegetarian



Gluten-Free




Heart Health



Seafood \$12.00

Bourbon glazed salmon, sweet potato mash and
roasted cauliflower 270cal

Parmesan-crusted fresh catch, wild rice and carrots 330cal


Blackened fresh catch, béarnaise sauce, mashed potatoes, and
garlic spinach 260cal 

Beer battered cod, French fries, coleslaw 380cal

Fresh catch picatta, wild rice, garlic spinach, and a
lemon caper sauce 410cal

Shrimp Scampi and pasta 430cal

Pork \$12.00

Herb Roasted pork tenderloin, brown gravy
mashed potatoes and broccoli 310cal 

Honey glazed orange pork medallions, brown rice, baby
carrots 380cal

Mushroom Marsala pork tenderloin, wild rice and carrots
310cal 



Vegan



Vegetarian



Gluten Free



Heart Healthy

SAVOR

Healthy choices \$12.00

Add chicken, shrimp or salmon

Indian-style bowl, roasted cauliflower, brown rice, tomato chutney,
and tandoori chickpeas



Chilled quinoa bowl, roasted mushrooms, marinated white beans,
asparagus and a herb dressing



Pineapple brown rice bowl, Pico de Gallo, guacamole and
red cabbage



Black bean feta quinoa bowl, corn, spinach, and cilantro



Alternative sides:

Corn O' Brien, baked potato, baked sweet potato, potato cheese pierogis with
onions and bacon, quinoa salad, green peas with pearl onions,
honey mustard Brussel sprouts, zucchini and squash



Desserts:

Lemon Meringue Pie 330cal

Cheesecake 230cal

French Silk Pie 450cal

Carrot cake 230cal

NSA Cheesecake 180cal

Cookies:

Chocolate chip 160cal for 1

Oatmeal raisin 135cal for 1

Sugar 160cal for 1

Ice Cream:

Vanilla, NSA vanilla, chocolate, NSA chocolate, strawberry, coffee, moose tracks, mint moose tracks, salty caramel, pistachio, butter pecan, NSA turtle, white house cherry

Waterman Village

LIVING YOUR BEST LIFE™